

The 'Ohana News

Families: Please See Kamehameha Schools Student Survey Consent Information In Tuesday Envelope.

January 28, 2014

www.WaimeaMiddleSchool.org

All Important HSA Testing Continues

Funny Frank DeLima Urges Us To 'Live Aloha' & Stay Healthy!



"Being College and Career ready starts now..." said one of the funniest men in the State — comedienne Frank DeLima — whose very serious message about "Aloha" and being healthy and respectful of others was mixed with zany stories about his experiences in school and his 38-year stage career. He shared with students what a career is from his perspective: "It's when you go to work and love what you do!" After a few serious moments, he whipped out this outrageous sumo body suit to dance and sing for students. Mahalo, Mr. DeLima! We also thank the State Legislature for helping make his visits to schools all across the state possible.

Free Help Available For Families In Need Of Health Insurance Assistance

Waimea's Kipuka o Ke Ola (known simply as KOKO) is a new health-wellness clinic led by Dr. Kealoha Beaudet and Dr. Franco Acquaro located upstairs in KTA's Waimea Center. It is now a certified Hawai'i Health Connector site and Ms. Brenda Case Resendiz is the "Assister." She can help explore choices available under the new federal Affordable Care Act. Her services are free. **Please call 885-9500 to make an appointment.**



Ms. Brenda Case Resendiz

Jan. 27-31: Reading * * * Feb. 3-7: Math

To WMS Families: Your student will most likely participate in two rounds of HSA testing this year and we ask your support. A Parent Information Booklet was sent home last week that provided sample questions and valuable advice on what families can do to help their child.

Important Testing Preparation: Students should always get a good night's sleep, have a healthy breakfast and arrive at school on time, especially during this testing window please.

Because research says that gum chewing can help students relax and also improves recall, students will be given gum during testing along with a healthy snack.

To WMS Students: "You've worked hard and your teachers have prepared you well. These tests are a chance for you to show your very best - show what you know! Encourage each other and keep a very respectful and responsible tone when testing is going on all over campus. For the next two weeks, all morning classes will be taking part in testing - first reading this week, then math next week. Come to school ready to give it your all - we know you're prepared and we believe in you."

-- Principal Matt Horne

Students Offered Exciting New K(Arts) Classes Starting Wed., Feb. 12 — See Sign-Up Info In Tuesday Envelope

We are excited to offer **K(Arts)** for a second time this school year thanks to **Kahilu Theatre** and several generous donors. We also have new choices for students, including African Drumming, which was super popular until the instructor moved away. But it's back! **See flyer going home today to sign up ASAP!**



Friends & WMS Students Bring Significant Story Of The Ku'e Petition To Life



WMS students, teachers and community friends recently presented the celebrated one-act play, "Ka Lei Maile Ali'i – The Queen's Women," for all 7th Grade Social Studies classes as well as students from other Waimea schools – re-creating a now famous meeting held in Hilo in 1897 regarding the historically significant Ku'e Petition. This petition -- discovered in the National Archives of the Library of Congress in Washington, D.C. in 1997 revealed what had been forgotten -- that more than 90% of the native Hawaiians living at the time signed the petition protesting annexation of the Hawaiian Kingdom. The play is based on a newspaper article written at that time by reporter Miriam Michelson from San Francisco who attended the auspicious 1897 meeting in Hilo. Mahalo to everyone who helped share this interactive lesson with our students.



'Connecting For Success' Grant's New Student Mentoring Program Brings 'Boys To Men' To Campus To Meet With Students

To learn more about "Boys To Men Hawaii," go to: www.b2mhawaii.org



Special thanks to all who have stepped forward to serve as student mentors!

WMS is one of 10 schools in Hawai'i to apply for and be awarded a **Hawai'i Community Foundation** grant to support student success with a strong college and career preparedness focus. Called "**Connecting for Success**," (CFS) a significant part of grant involves connecting students with adult mentors, and toward this end, we are honored to have "connected" with a new all-men's mentoring group, called **Boys To Men Hawaii**, headed by **Michael Bonahan**.

These are some of the **Boys To Men** members who have undergone both screening and training and are now meeting with WMS 7th and 8th grade boys once a week during lunch and Advisory.

Boys To Men mentors are (L-R) sitting: **Ananji, Michael, Steve, Scott, Keith and Charlie**; and standing: **Lori Ching (WMS Community Outreach Coordinator), Michael**

Bonahan, Pat Rice (CFS Advisor), Forrest, Suzi Herhold (CFS Counselor) and Caleb.

A number of other community members have committed to becoming mentors including several staff members of **Keck Observatory** and **The Fairmont Orchid**. To participate, interested community members are required to go through a background check, TB screening and an interview.

We are still recruiting mentors and if you are interested, or know of someone who might be, please call Lori Ching (887-7646) or email her at Lori_Ching@notes.k12.hi.us.

Mentors meet with their mentee either before or after school, at lunch time or during **Homework Help** (Tuesdays or Thursdays after school) or **Hot Chocolate Club** (Mondays, Wednesday or Fridays before school). Meetings take place on campus on the average of 1-2 times a month for 30-60 minutes.



All of these Hawai'i soccer players, born in 2000, participated in the **2014 Region IV ODP Championships** recently in Arizona, including WMS student **Keawe'iwi Pilayo** (standing - 4th from right). Of these 17 representing the state, 4 were from the Big Island, and 3 of these from Waimea. They played teams a head taller and a lot bigger and lost to a 5th place nationally ranked team 3-0 but it was a terrific experience – to get to see where they need to get! **Congratulations to all!**

School News & Community Events:

You Are Invited To Free College Prep Workshop: 6-7:30 p.m., tonight—Tues., Jan. 28. Waimea Community Center. All families with students in 8th-12th Grade invited. Sponsored by the Sustainable Hawaii Youth Leadership Initiative (SHYLI) student **Alex Siordia**, whose Sustainability-In-Action project is to help local youth and families plan for college. Speakers will include three former WMS students who are now in high school including **Alex** (now a senior at HPA), **Ryan Chun** (a senior at Kamehameha Schools) and **KaMele Sanchez** (a senior at Honoka'a High), plus counselors with expertise in this arena. Workshop to include Financial Aid (how it works, FAFSA, etc.), Scholarships (how to find them and timelines), How to look for colleges (which one is right for you? location, majors, public vs. private), College Essays (what to write and how to write it), and How to prepare for college (starting with the freshmen year of high school). Reshments. More info: sustainhawaiiyouth@gmail.com or go to www.shyli.org.

8th Grade Graduation Picture Taking: Thurs., Jan. 30—Period 3. It's a "Free Dress Day" for 8th Graders only but the school Dress Code must be observed.

Free 'Personal Freedom Class' – 7 p.m., Thurs., Jan. 30. At the home of Mr./Mrs. Casey Francis (former WMS parents and after-school athletics coaches). Learn about getting healthy – "this is not about a diet but a lifestyle. Taste delicious healthy food, relax and find what you need to begin the journey of balance and success." **Cynthia Sumner** will present – she is a holistic health coach and raw foodist. She speaks internationally and has appeared on television. Address: 66-1667 Waiaka Place. Call for directions (640-9225). Please RSVP for food and chair planning (801-369-1235).

2014 Voyager Concert At Kahilu Theatre: 5-8 p.m., Sat., Feb. 1. Sponsored by Na Kalai Wa'a and the 'Ohana Makali'i to support educational programming and the voyaging canoe Makali'i. Will feature the sweet sounds of Hoku Award winner **Kainani Kahaunaele**, **Hawane Rios**, Kindy Sproat Falsetto and Storytelling Contest winner **Keali'i Bertelmann** and **Kalani Souza**. Tickets \$20-\$35 - available at www.Kahilutheatre.org.

Waimea Elementary Thrift Shop - 50-Cent Sale: 8 a.m.-Noon, Sat., Feb. 1. Entire inventory except one rack and brand name aloha attire is just 50 cents!

WMS Yearbook 'Dough Raising Day': Wed., Feb. 5. **Domino's Pizza** will donate 25% of every sale attributed to WMS next Wednesday back to the school to support Yearbook...but you must ask them to please credit WMS!

For more info & events:

www.WaimeaMiddleSchool.org

WOW! WORD-OF-THE-WEEK:

Mon-i-tor

Definition: Observe and check the progress or quality of (something) over a period of time; keep under systematic review

Part of Speech: Verb

Root Word: Latin from *monit-* "warned" from the verb *monere*

Sentence: The equipment was installed to monitor air quality.

School Lunch Menus

(All Served With Fresh Local Milk)

Wed., Jan. 29: Crispy Nachos w/ Beef & Beans, Garden Salad, Apple Juice and Corn Bread.

Thurs., Jan. 30: Asian Chicken on Shredded Cabbage, Hapa Rice, Vegetable Medley, Orange Juice & Whole Wheat Roll.

Fri., Jan. 31: Cheeseburger w/ Lettuce & Tomato, Potato Rounds, Apple Wedge.

Mon., Feb. 3: Chicken Patty w/ Lettuce & Tomato on a Whole Wheat Bun w/ Oven fries and an Orange Wedge.

Tues., Feb. 4: Baked Spaghetti w/ a Spinach & Romaine Salad, Pineapple and Whole Wheat French Roll.

All menus are posted on school website & Facebook.

Previous WOW! Words:

Variable
Synthesize
Analyze
philanthropy
Acquire
Formulate
Investigate
Evaluate
Monitor
Classify
Interpret
Establish
advisory
Conduct